Kaiser Permanente Office Hours

Kaiser Permanente is hosting open enrollment office hours for **CIS Trust** by phone and it is a great opportunity to speak with a representative one-on-one. Appointments are 15 minutes long and we can help if you have questions related to:

- Benefits
- Coverage
- Self-care tools
- Telemedicine & kp.org
- Transition of care
- Healthy resources

Select dates and times are available. To schedule your 1:1 appointment, please visit: https://www.signupgenius.com/go/20F0F49ADA72DABFF2-kaiser5

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